



PE and Sports Premium at Holy Trinity

At Holy Trinity we recognise the contribution of PE to the health and well-being of the children. We believe that daily exercise combined with an innovative, varied PE curriculum and extra-curricular opportunities have a positive impact on the concentration, attitude and academic achievement of all our children. We believe that providing the building blocks in the earlier years will go on to support our children in making healthier choices as they get older. Our aim is for everyone in the school community to lead an active lifestyle.

Primary School Sports Funding

- Information about the Government initiative for funding sport in primary schools can be found at: <http://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>
- Schools receive £16,000 plus £10 of additional payment per pupil.
- The government provides funding for additional and sustainable improvements to the quality of PE and sport that schools offer. The money goes directly to primary school Headteachers.

Key Indicators where we are seeking to continuously improve:

- the engagement of all pupils in regular physical activity
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Key achievements to date	Areas for further development
<ul style="list-style-type: none"> ● Range of after school sports provided with a high level of participation maintained from pupils. ● Sports coach ensures children engage in physical activity every lunch time. ● Whole school approach to being more active with the Rudolph Run – raising money together for the St Joseph’s Hospice in Hackney and encouraging all year groups to take part in the Rudolph Run. ● School building in use during holidays for community use, this includes sports provision which our children have been able to attend. ● A range of PE equipment is available in school to allow for effective PE lessons to be taught. ● Vast increase in the number of competitive sports events that the children are participating in. 	<ul style="list-style-type: none"> ● Ongoing staff development to ensure that break and lunch times continue to provide an expanding range of sports and opportunities to engage in active play. ● Specialist teachers run workshops to broaden the variety of sports taught to pupils. ● Reinstate competitive sports between schools in the federation. ● Inter-school competitions to promote engagement in competitive sports for all year groups. ● School ambassadors / leaders to run their own active break / lunch clubs for younger pupils – improve level of activity and playground behaviour. ● Focus on cross curricular links to ensure children’s wellbeing is supported and improved for all year groups. ● Assessment of PE monitored.

Swimming	
Meeting national curriculum requirements for swimming and water safety. <i>N.B. Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts. Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the NC programme of study</i>	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <i>N.B. Even though your pupils may swim in another year, please report on their attainment on leaving primary school at the end of the summer term 2023. Please see note above</i>	TBC
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl], backstroke and breaststroke]? <i>Please see note above</i>	TBC
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	TBC
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Holy Trinity Primary School Sports Funding			
Review of Implementation Plan 2022-2023 - Funding: £18,051			
Intent	Cost	Implementation	Impact
To support and improve children's wellbeing.	£2500	Whole school assemblies, classroom displays promoting wellbeing of all staff and children. Daily yoga or mindfulness sessions in place in classes.	Targeted support had good uptake. Families signposted towards weekend and holiday outdoor activities that are cheap or free, through the newsletter and in 1:1 conversations. Children and staff talk about the 'zones of regulation' programme, it is helping children to both understand their feelings and self regulate
To restart the range of competitive sporting events	£600	Children began accessing competitions via the Local Authority and Youth Hubs.	Children are participating in competitive sporting events with children from other schools. There has been competitiveness between the children to get into a team and this has increased their participation in PE lessons as they wish to perfect their skills. There have also been a number of competitions which children who are not the 'best' athletes have been able to attend as well.
School Sports Coach – Specialist Provision	£8635	A PE coach hired to enable pupils to have expert coaching in non-contact PE and Games: <ul style="list-style-type: none"> • Dance • Athletics • Yoga and mindfulness • Tag Rugby • Dodgeball • Gymnastics The coach managed and delivered full curriculum requirements for PE.	This academic year children have been accessing new sports and pastimes. They have eagerly participated in competitions. The additional PE sessions and lunch and break time provision has increased children's understanding and implementation of skills across a wide range of sports and disciplines.
To provide daily after school enrichment clubs for sports	£976	A wide range of after school sports activities have been available at a reduced rate that engage children in a wider variety of sports - keeping the price low to give access to all.	A wide range of pupils can access new sports and pastimes. Least active pupils have targeted weekly group sessions. Improved levels of fitness.
To provide a daily	£976	Early exercise will help children to	Least active pupils to be targeted.

morning 'wake up, shake up' breakfast club		start the day with more energy, focus, and optimism. Plus, after a morning workout, they're more likely to eat healthy and stay active throughout the day.	Daily exercise for those who are least likely to exercise outside school.
School sports coach running lunchtime sports provision	£1464	A sports coach provides a variety of physical activity for all year groups during lunch time focussed on the children being active.	Pupils engaged in a high level of active play at break times and lunchtimes to improve health and fitness. Daily exercise for those who are least likely to exercise outside school.
After School Enrichment Clubs including Gardening and Cooking.	£3500	To teach children how gardening can support mental and physical health. Making healthy food choices and supporting children to lead healthy and active lives.	Daily exercise for those who are least likely to exercise outside school.

Holy Trinity Primary School Sports Funding

Action Plan 2023-2024 - Funding: £18,173

Intent	Cost	Implementation	Success Criteria
School Sports Coach – Specialist Provision	£7035	<p>To enable pupils to have expert coaching in non-contact PE and Games:</p> <ul style="list-style-type: none"> ● Dance ● Athletics ● Yoga and mindfulness ● Tag Rugby ● Dodgeball ● Gymnastics <p>The coach continues to manage and deliver full curriculum requirements for PE. They support health and skills development.</p>	<p>Children are becoming more patient with others when playing team games.</p> <p>PE sessions support sportsmanship and resilience.</p>
To provide daily after school enrichment clubs for sports	£1605	<p>Provide a range of after school sports activities that engage children in a wider variety of sports - keeping the price low to give access to all.</p>	<p>A wide range of pupils can access new sports and pastimes.</p> <p>Least active pupils have targeted weekly group sessions.</p> <p>Improved levels of fitness.</p>
To provide a daily morning 'wake up, shake up' breakfast club	£1410	<p>Early exercise will help children to start the day with more energy, focus, and optimism. Plus, after a morning workout, they're more likely to eat healthy and stay active throughout the day.</p>	<p>Least active pupils to be targeted.</p> <p>Daily exercise for those who are least likely to exercise outside school.</p>
School sports coach running lunchtime sports provision	£2100	<p>A sports coach provides a variety of physical activity for all year groups during lunch time focussed on the children being active.</p>	<p>Pupils engaged in a high level of active play at break times and lunchtimes to improve health and fitness.</p> <p>Daily exercise for those who are least likely to exercise outside school.</p>
Gardening After School Enrichment Club.	£2300	<p>To teach children how gardening can support mental and physical health. Supporting children to lead healthy and active lives. Running the gardening club on multiple days after school.</p>	<p>An increasing number of children accessing the gardening club and additional garden spaces around the school to be brought to life and cared for by the children.</p>
Cooking After School Enrichment Club.	£3050	<p>To teach children how gardening can support mental and physical health. Making healthy food choices and supporting children to lead healthy and active lives.</p>	<p>Daily exercise for those who are least likely to exercise outside school.</p>
Additional swimming lessons for SEND children.	£1,043	<p>To ensure that all children are able to swim, including those with additional needs. These children may need smaller lessons more regularly.</p>	<p>An increased number of children on the SEND register in Years 3, 4, 5 & 6 able to swim 25 metres.</p>